



ADULT DAY HEALTH CARE

Servicing The Western
Suburbs With Two
Locations...

Adult Day Health Care
The Comforts of Home
Just for the Day

When a loved one begins experiencing a decrease in physical, mental or social functions, it may be difficult for the entire family. They may be able to live at home or with a family caregiver, but need social interaction during the day. Fortunately, there is a place nearby that will provide your loved one with the care, respect and independence....West Suburban Senior Services Adult Day Health Care.

Adult Day Health Care is just one of many services offered by West Suburban Senior Services since 1972. West Suburban Senior Services' Adult Day Health Care centers have served thousands of senior citizens and their families and have been recognized as a leader in the adult day service field, as well as having served as a model for similar programs.

BELLWOOD

Senior Citizen Center
439 Bohland Avenue
Bellwood, Illinois 60104

LA GRANGE

OARS Center
712 East Elm Avenue
LaGrange, Illinois 60525

(708) 547-5600
info@wsseniors.org
www.wsseniors.org

West Suburban Senior Services does not discriminate in the admission to program or treatment of employment in its programs or activities in compliance with the Illinois Human Rights Act, the U.S. Civil Rights Act, Section 504 of the Rehabilitation Act, the Age Discrimination Act, the Age Discrimination in Employment Act and the U.S. and Illinois Constitutions. If anyone feels that they have been discriminated against, they have a right to file a complaint with the Illinois Department on Aging. For additional information, telephone (800) 252-8966 or telephone West Suburban Senior Services at (708) 547-5600.



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West Suburban Senior Services' Adult Day Health Care centers are designed to provide companionship for seniors who need assistance or supervision. The programs offer relief to family members or caregivers and allows them the freedom to go to work, handle personal business or just relax while knowing their loved one is safe and well cared for.

The Adult Day Health Care centers specialized programs are designed to help older and impaired adults live as normal and happy lives as possible, while remaining in the familiar environment of their own homes and communities. The Adult Day Health Care center programs promote maximum independence for older adults and create opportunities for companionship and socialization.

WHY CHOOSE ADULT DAY HEALTH CARE AND WEST SUBURBAN SENIOR SERVICES?

The staff at each of the Adult Day Health Centers work together to create an environment that is safe, secure, and stimulating. A registered nurse monitors medications and health needs. A social worker offers support to participants and their families. We work in partnership with participant's physicians and families providing guidance and support when-ever you need it. Operated by West Suburban Senior Services, the Adult Day Health Care Centers can access an array of services offered by the agency.

Family Support

- Caregiver Education
- Respite

Health Monitoring

- Assistance with Activities of Daily Living
- Health Education
- Nursing Services including Medication Administration
- Medical Assistance
- Vital Sign Checks

EACH DAY YOUR LOVED ONE WILL RECEIVE

- Planned Activities
- Health Monitoring by our RN
- Nutritional Noon Meal and Snacks
- Transportation for all Service Areas

RECREATIONAL PROGRAMS

- Social Interaction
- Memory Stimulation
- Daily Exercise
- Daily Group Discussion and Reminiscing
- Music and Sing-a-longs
- Parties and Special Occasions
- Community Projects
- Table Games
- Arts and Crafts

COSTS

The monthly contributions are based on a sliding scale based on participant's monthly income and the number of days attended per week. Clients are encouraged to attend five times per week and there is a two day per week minimum attendance.