

West Suburban Senior Services
Annual Report
Fiscal Year 2005-2006

***West Suburban Senior Services
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**Staff and Board of Directors
Major Accomplishments
Service Productivity
Financial Statements**

***West Suburban Senior Services
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Board of Directors and Staff

West Suburban Senior Services

Senior Center
439 Bohland Avenue
Bellwood, Illinois 60104

River Park Center
8300 Roosevelt Road
Forest Park, Illinois 60130

OARS Center
712 East Elm
LaGrange, Illinois 60525

Board Of Directors 2005 to 2006

Officers

Mr. Gary Woll	President
Ms. Carole Kulinski	Vice President
Mr. John O'Sullivan	Treasurer
Mrs. Elaine Reno	Secretary

Directors

Mrs. Lois Albers	Honorable Anthony Calderone
Mrs. Mary Conti	Mrs. Dorothy Lindsey
Honorable Noreen Love	Honorable Anthony Peraica
Mr. Michael Sturino	

Staff *

Joan Baier, RN	Registered Nurse	Consuelo LeZama	Senior Advocate
Felix Bland	CNA	Linda Mackin	Housekeeper
Cindy Brooks	ADHC Aide	Kathy Manning	Housekeeper
Donald Cobert	Maintenance	Doris Molette	Receptionist
Paula Coffey, LCSW	Caregiver Specialist	James Louden	Driver
May Cole, RN	Registered Nurse	Michelle Newman	CAT Specialist
Vincent Coppola	Art Instructor	Barbara Phillips	Senior Center Director
LaToya Croft	ADHC Aide	Diane Saunders	Social Worker
Karrey Dominick	Case Aide	Barbara Sedlack	Secretary
Ivory Giner	Housekeeper	Ronald Semran	Printer
Paula Gomez	Social Worker II	Nicolette Siragusa	Social Worker
Lionel Gore	Driver	Earnest Smith	Maintenance
Tara Gordon	Driver	Mary Swiecki	ADHC Aide
ChezParee Green	ADHC Aide	Elizabeth Szilagyi	Senior Service Director
Glenn R Green, Ph.D.	Executive Director	Gary Trent, DPM	Podiatrist
Sheila Jackson	Activity Aide	Dorothy Waller, LPN	Nurse
Joann Johnson	Nutrition Coordinator	Jonelle Walker	ADHC Aide
Valerie Kristopher	Social Worker II	Bernice Warber	Social Worker
Michelle Krueger	Social Worker	James Winters	ADHC Director
Brenda Kurz, RN	Registered Nurse	Alma Whisenton	RENE
R. Timothy Lee, Ph.D.	Clinical Director		

* As of June 30, 2006

**West Suburban Senior Services
Board Of Directors
2005 to 2006**



*West Suburban Senior Services
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Major Accomplishments

Major Accomplishments of West Suburban Senior Services

- ❑ The agency continued to struggle with limited and reduced funding and reduced service use as the result of those funding limitations. The agency maintained its workforce and directly tied to service revenue decreases. The declaration by the Suburban Area Agency on Aging that adult day health care participants are ineligible to participate in federally funded congregate meals programs has a severe impact on programs that assist our most frail senior citizens.
- ❑ The Kott Memorial Foundation continues to support the agency and three cohort organizations with funded internships and clinical support over the past two years and has proven to be invaluable and has generated energy, skills and enthusiasm within the agency.
- ❑ The agency assisted numerous senior citizens with questions and concerns regarding Medicare Part D, prescription drug coverage.
- ❑ Instituted, with support from a grant from Commonwealth Edison, a very successful *Elegant Dining Club*.
- ❑ In cooperation with area banks, inserted agency brochures in bank statements as a successful outreach activity.
- ❑ The agency received funding and support for a RN case manager from Westlake Health Foundation based on the success of the foundation's previously funded Health Screening program.
- ❑ The agency expanded the use of the OARS site for congregate meals and home delivered meals provided by Community Nutrition Network as the result of the closure of Southwest Suburban Center on Aging's Senior Citizen Center in LaGrange.
- ❑ The Suburban Area Agency on Aging and the Illinois Department on Aging requested, and the agency agreed, to assume responsibility for elder abuse investigation and intervention services in the Leyden and Norwood Park township service area.
- ❑ West Suburban Senior Services completed successful independent reviews of the organization by the Suburban Area Agency on Aging (Elder Abuse Intervention Services), US Department of Veterans Affairs, and the Illinois Department on Aging (Case Management Services).
- ❑ West Suburban Senior Services received an unqualified CPA's opinion for the 2005-2006 audit and qualified again as a low-risk auditee.
- ❑ West Suburban Senior Services continued quality services while maintaining appropriate staffing patterns. The agency increased the average tenure of staff while maintaining an approximate minimum staff turnover rate.

- ❑ West Suburban Senior Services significantly expanded the quantity and quality of senior center programming.
- ❑ West Suburban Senior Services maintained effective cost control over expenses concluding the year on budget with, however, an operating surplus of \$75,172 during a time of significant grant and contract funding reductions. Capital investments of approximately \$30,000 were made and improvements continued. The agency replaced the HVAC system at River Park, repaired and painted the outside of the River Park site, purchased a new photocopier integrated with our computer system and replaced the first floor carpeting in Bellwood.
- ❑ The agency began the process of computerizing all required activities under our Elder Abuse Intervention services.
- ❑ The agency reduced its mortgage principal for the OARS site by an additional \$100,000 beyond normal mortgage payments taking advantage of improved cash management.

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Service Productivity

Service Activity Review

The following services maintained productivity or increased activity from Fiscal Year 2004-2005:

<i>Service</i>	<i>Percentage Change in Units of Service</i>	<i>Percentage Change in Number of People</i>
Adult Day Health Care	2.2%	8.8%
Casemanagement	6.6%	14.2%
Chore/Housekeeping	11.8%	2.8%
Elder Abuse	16.3%	23.3%
Friendly Visiting	56.9%	75.0%
Food Baskets	78.1%	33.3%
Health Screens	37.2%	88.2%
Home Delivered Meals	9.3%	0.0%
Information and Referral	21.2%	8.7%
Podiatry	8.5%	13.7%
Rides	5.7%	38.3%
Senior Center	19.8%	5.4%
Site Meals	30.6%	26.7%
Telephone Reassurance	11.8%	18.4%

Note that many services are grant or contractually limited. The food basket program, for example, is limited to a fixed dollar figure to be spent over nine months. The agency has managed its contracts and grants within the limits imposed by funding bodies.

West Suburban Senior Services
Review of Service Statistics
Units of Service

<i>Service</i>	Service Statistic	Fiscal Year 1999	Fiscal Year 2000	Fiscal Year 2001	Fiscal Year 2002	Fiscal Year 2003	Fiscal Year 2004	Fiscal Year 2005	Fiscal Year 2006
Adult Day Health Care &	Days	7,532	8,823	8,280	7,113	11,707	10,441	9,879	9,664
Caregiver Casemanagement	Hours	N/A	N/A	N/A	N/A	N/A	N/A	N/A	1,072
Caregiver Education	Hours	N/A	N/A	N/A	N/A	N/A	N/A	N/A	136
Caregiver Outreach	Hours	N/A	N/A	N/A	N/A	N/A	N/A	N/A	11
Casemanagement	Hours	12,466	13,304	11,567	14,185	12,807	12,261	10,224	8,479
Chore/Housekeeping	Hours	3,787	3,948	4,326	6,231	4,246	2,944	2,359	2,103
Elder Abuse	Hours	1,525	2,358	1,295	2,039	1,687	1,225	1,274	1,067
Food Baskets	Baskets	478	481	266	500	501	914	549	978
Friendly Visits	Hours	6,765	2,180	6,380	6,940	9,780	5,890	4,710	7,392
Health Screens @	Screens	692	1,107	914	2,844	2,933	2,344	3,093	1,944
Home Delivered Meals	Meals	25,971	24,510	28,232	26,251	23,981	27,118	24,169	21,924
Information & Referral	Calls	14,357	10,032	11,910	15,150	18,337	18,037	13,541	10,664
Podiatry	Visits	420	419	465	429	453	483	474	434
Respite	Hours	N/A	N/A	N/A	N/A	N/A	N/A	N/A	2,735
Rides #	Rides	38,549	8,748	7,960	10,671	18,096	18,680	16,106	15,193
Senior Center	Visits	26,395	25,841	22,091	23,436	20,697	15,257	20,514	24,593
Site Meals ##	Meals	18,091	20,007	19,880	19,424	29,373	22,853	20,119	13,953
Telephone Reassurance &	Calls	16,777	13,139	12,841	8,420	8,274	9,408	6,975	6,158
Weekend HDMs *	Meals	3,450	3,065	2,476	2,676	2,844	966	N/A	N/A

**West Suburban Senior Services
Review of Service Statistics
Unduplicated Number of Participants**

Service	Service Statistic	Fiscal Year 1999	Fiscal Year 2000	Fiscal Year 2001	Fiscal Year 2002	Fiscal Year 2003	Fiscal Year 2004	Fiscal Year 2005	Fiscal Year 2006
Adult Day Health Care	People	84	77	78	69	110	111	94	83
Caregiver Casemanagement	People	N/A	N/A	N/A	N/A	N/A	N/A	N/A	214
Caregiver Education	People	N/A	N/A	N/A	N/A	N/A	N/A	N/A	90
Caregiver Outreach	People	N/A	N/A	N/A	N/A	N/A	N/A	N/A	11
Casemanagement	People	4,202	4,490	2,107	2,124	1,859	1,885	2,126	1,632
Chore/Housekeeping	People	98	108	109	133	103	78	71	69
Elder Abuse	People	80	120	87	116	105	91	86	106
Food Baskets	People	29	44	28	40	43	60	45	60
Friendly Visits	People	28	18	58	39	25	22	20	35
Health Screens	People	247	252	432	809	853	739	913	102
Home Delivered Meals	People	237	251	237	211	209	224	174	173
Information & Referral	People	5,152	4,428	3,437	3,884	3,645	3,750	3,611	3,300
Podiatry	People	182	170	159	148	175	165	167	144
Respite	People	N/A	N/A	N/A	N/A	N/A	N/A	N/A	46
Rides	People	445	119	98	108	215	163	146	202
Senior Center	People	945	799	635	613	1,410	1,502	1,330	1,403
Site Meals	People	715	673	660	639	640	782	591	749
Telephone Reassurance &	People	120	113	79	56	78	90	49	40
Weekend HDMs	People	94	63	53	54	45	37	N/A	N/A

Pace Contract Terminated in 1999

@ Title IIIF Began in 1994 and was suspended for 9 months in 1996, terminated in 2000, and subsequently re-funded by Westlake Health Foundation in 2001 and terminated 2006

* Federal funding for Weekend HDMs and Garden House Congregate Site eliminated in 2003

& OARS Merger Completed in 2003

Adult Day Care participants declared ineligible for congregate meals in 2005

Caregiver Casemanagement, Education, Outreach and Respite services computerized in 2006 and were previously counted as casemanagement units

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Financial Statements

Statement of Financial Position of West Suburban Senior Services As of June 30, 2006

Assets	
Current Assets	
Cash and Notes	\$130,616
Grants and Contracts Receivable	\$65,500
Contributions Receivable	\$187,564
Prepaid Expenses and Other	\$11,675
<i>Total Current Assets</i>	\$395,855
Other Assets	
Land, building and equipment, net of Accumulated depreciation of \$379,764	\$837,855
<i>Total Other Assets</i>	\$837,855
Total Net Assets	\$1,233,210
Liabilities and Net Assets	
Current Liabilities	
Accrued Expenses	\$24,749
Current portion of long-term debt	\$26,722
Total Current Liabilities	\$51,471
Other Liabilities	
Long Term Debt	\$139,026
Total Liabilities	\$190,497
Net Assets	
Unrestricted	\$916,400
Temporarily Restricted	\$126,313
Total Net Assets	\$1,042,713
Total Liabilities and Net Assets	\$1,233,210

Statement of Activities of West Suburban Senior Services As of June 30, 2006

Revenues and Other Support

	Unrestricted	Temporarily Restricted	Total
Revenues			
Contributions	\$44,502	-	\$44,502
Contributed Services	\$14,443	-	\$14,443
Gift shop (net of cost)	\$567	-	\$567
Grants and Contracts	\$1,741,823	\$60,813	\$1,802,636
Other Income	\$15,597	-	\$15,597
Project Income	\$175,263	-	\$175,263
Respite Service Income	\$7,440	-	\$7,440
United Way	\$61,500	\$65,500	\$127,000
Net assets released from restrictions: Satisfaction of purpose restrictions	\$77,008	(\$77,008)	-
<i>Total Revenues and Other Support</i>	\$2,138,143	\$49,305	\$2,187,448

Expenses

	Unrestricted	Temporarily Restricted	Total
Expenses			
Program Expenses	\$2,023,720	-	\$2,023,720
Fundraising	\$350	-	\$350
Management and General	\$88,206	-	\$88,206
<i>Total Expenses</i>	\$2,112,276	-	\$2,112,276
Change in Net Assets	\$25,867	\$49,305	\$75,172
Net Assets Beginning of Year	\$890,533	\$77,008	\$967,541
Net Assets End of Year	\$916,533	\$77,008	\$1,042,713